

# **SPRING 2018**

# **About GME:**

INTEGRIS Health is a Sponsoring Institution for 4 programs and hosts the Clinical Base year for the OU Anesthesiology program.

INTEGRIS Health collaborates with many other institutions to provide educational opportunities for medical students, PA students, residents, and fellows in many specialties. Trainees may arrange rotations at INTEGRIS by contacting specific attendings and the Graduate Medical Education Office.

# **About CME:**

The Mission of INTEGRIS Health Continuing Medical Education is to improve the health of the people and the communities we serve through quality continuing medical education with the goal of improving patient outcomes by enhancing the competence and performance of physicians and other health care providers.

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- CME events
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- Wellness
- Didactic Lectures





INTEGRIS

February 5, 2018

TOMMY IBRAHIM Managing Director / Chief Medical Officer

Dearest Residents and Faculty,

It has been my pleasure, over the past several weeks to learn more about INTEGRIS and the graduate medical education department. As Oklahoma's leading health system, it is only fitting that we play a part in training the physicians of tomorrow while making a significant contribution to the communities we serve. Having previously led GME departments in the past, initiating and successfully gaining accreditation for various training programs, and having had the opportunity to serve as a Designated Institutional Officer for the ACGME, I am proud to say that I am a big proponent of academic medicine and graduate medical education in general. It has been some of the most fulfilling work in my career and I am glad to see an equal, if not a greater commitment to education and research, across the INTEGRIS brand. In the short time that I have been here, I have enjoyed meeting many of you and witnessing, first hand, the resident commitment to professional growth, and the faculty's passion to making a life-long contribution to the healthcare of the future.

I look forward to working with each of you to further our academic mission. Under Dr. Chelsey Gilbertson's leadership, I am confident that our training programs will thrive and that INTEGRIS will have a long-lasting impact on the residents we are privileged to train. If there is ever anything I can do to contribute to this very important purpose, please do not hesitate to reach out to me. Thank you for the opportunity to serve with you.

Sincerely,

Tommy Ibrahim, MD

CC: Chris Hammes

Chelsey Gilbertson, DO

# Continuing Medical Education

INTEGRIS Health Medical Education offers physicians a wide variety of continuing medical education opportunities. Physicians can earn CME credit through their attendance at select Case Conferences, Grand Rounds, Live Conferences and online through HealthStream. In addition to earning AMA PRA Category 1 Credit, Osteopathic physicians who attend INTEGRIS Southwest Medical Center Grand Rounds can earn AOA Category 1-A credit.

# **Upcoming CME Events**

### **IBMC Department Grand Rounds**

"Lessons Learned: Operation Iraqi Freedom, Operation Enduring Freedom"
Presented by Hamilton Le, M.D.
Tuesday, April 3<sup>rd</sup>, 2018, 12Noon - 1:00pm
IBMC JKL

### **Ethics Series CME**

"The Importance of Family Meetings"

Wednesday, April 11th 12Noon-1:00pm at ISMC Cancer Center Conf.

Presented by Gavin Enck, Ph.D.

(Recording available in Healthstream for CME credit)

## IBMC Quarterly Grand Rounds

Tuesday, April 17th, 12Noon-1:00pm in JKL "PMP Update"

Presented by Nicole Cottrell from the OBN

### ISMC Grand Rounds

Wednesday, April 18th, 12Noon-1:00pm ISMC Cancer Center Auditorium "Pulmonary Hypertension-What's Important?" Presented by John Kingrey, M.D.

### **Faculty Development Series CME**

Tuesday, May 15th 7:00am-8:00am "Legal Responsibilities in Resident Disciplinary Procedures" Mary Daniel, JD and Sarah Keates, JD

For more information please, visit the INTEGRIS Medical Education website at <a href="https://integrisok.com/careers/career-development/continuing-medical-education">https://integrisok.com/careers/career-development/continuing-medical-education</a>

# Great Plains Family Medicine



Our mission is to educate and prepare family physicians for a lifetime of independent learning and for the provision of highly competent, effective, and compassionate healthcare, to improve their own development as individuals, family members, professionals, and leaders. We are committed to providing patients with a personal medical home where they receive timely evidence-based and comprehensive healthcare, tailored to their needs and provided in a manner that respects them and their families.

# **Faculty**

**Tomas P. Owens, M.D.**Program Director

Terrence T. Truong, M.D.

Philip Palmer, M.D.

Bob Schank, MD

Grace Wilson, Ph.D.

Jason Breed, M.D.

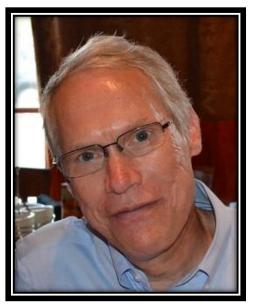
Audrey Kavanaugh, M.D.

Kori Lewis, M.D.

Patrick Martin, M.D.

Alexa Woodson, M.D.

Michelle Wallace Great Plains Family Medicine Residency Program Manager



Neal David Clemenson, MD

Jun 14, 1954 - Mar 1, 2018

The Great Plains Family Medicine Residency program is profoundly saddened to share that our Program Director, Dr. Neal Clemenson, passed away unexpectedly on Thursday, March 1, 2018. He was the INTEGRIS Great Plains Family Medicine Residency's first and only program director. He was a champion for Family Medicine and he will be greatly missed. Over half of the Great Plains alumni came to celebrate his life at a memorial held on Friday, March 9, 2018.



We are dedicated to carrying forward his legacy of outstanding physician training and education, and we remain hopeful for the future. We are currently searching for another faculty member, and Dr. Tomas Owens has moved into the role of program director. The program has greatly appreciated the support received from fellow physicians, the other residency programs, Graduate Medical Education, and the INTEGRIS community during our time of grief and transition.





Jackson, MD

### About the Program

Radiology Associates established the Radiology Residency Program in association with Baptist Medical Center of Oklahoma in 1969. Since that time the Residency has consistently produced residents that have gone on to prestigious careers. We are proud of our program and what our graduates have gone on to accomplish. We are also proud to announce that as of September 8th, 2016 our program has Early Specialization in Interventional Radiology (ESIR) designation from the ACGME. Our residency is a medium sized advanced program offering 4 positions per year allowing for a small faculty to resident ratio.

Program Director: Clinton Williamson, M.D. Medical Education Specialist: Natasha Fanson



Manchester, MD Moore, MD

Smith, MD

Mulatre, MD

# INTEGRIS Baptist Medical Center: Diagnostic Radiology Residency

Baptist Medical Center began offering a 4-year diagnostic radiology residency in 1969, ten years after the hospital itself opened. The program has increased in size from 3 initial students to our current accreditation for 17 residents. The Residency became accredited in 1973. Highlights of the program include unique exposure to emergency radiology as the residents begin night call in their second year and excellent hands-on experience in every aspect of image guided procedures from Ultrasound to PET-CT with one-on-one faculty mentoring. Our residents also rotate at UT Southwestern in Dallas and OU Children's Hospital here in Oklahoma City for pediatric experience.

As a specialized practice, radiology is relatively new to the medical field when in November of 1895 Wilhelm

Conrad Roentgen first discovered the X-ray in his basement laboratory in Wurzburg, Germany. Over the next 100+ years this new field advanced rapidly from the earliest glass "plane film" imaging to the multidimensional imaging practices we use today. Contributing an untold depth of understanding to all areas of medical practice that would have unthinkable a little more than a century before. The Diagnostic Radiology Residency was founded just as the of use of Ultrasound imaging became widespread and has witnessed evolution of the MRI and PET-CT; incorporating each new technological advance of the past 50 years.



Over the years the Radiology Program has increased emphasis on teaching and guiding residents in

practical research and presenting at local and national level meetings. Most recently four of our residents presented prize winning posters at the International Symposium of Endovascular Therapy. In the past residents have also presented at the Oklahoma State Radiological Society and the Society for Pediatric Radiology. From these experiences and opportunities our graduates go on to private practice or to complete fellowships in various specialties at prestigious institutions including the Mayo Clinic, Duke University, Vanderbilt University, and many others. Overall, our residency is helping to share the Integris Health commitment to advanced medical education.













Casey Butler MD



Sean Chagani MD



Jeffrey Davis MD



Joshua Gordon DO



William Gordon MD



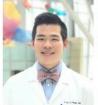
Maxwell Jolly MD



Jay Kamdar MD



Quang Nguyen MD



Trung Pham MD



Ciera Ward MD



Hannah White MD

# **About the Program**

The Anesthesiology Clinical Base Year Residents (PGY-1) rotate at INTEGRIS Baptist Medical Center under a contract between the University of Oklahoma and INTEGRIS Baptist Medical Center.

### For more information visit:

https://integrisok.com/careers/career-development/continuinggraduate-medical-education/residencyprograms/anesthesiology-residency-program

Program Director: Pramod Chetty, M.D.

**On-site Program Director for PGY-1 year:** Bradley Carter, M.D.

Medical Education Specialist: Miranda Dutt



# Carter's Corner:

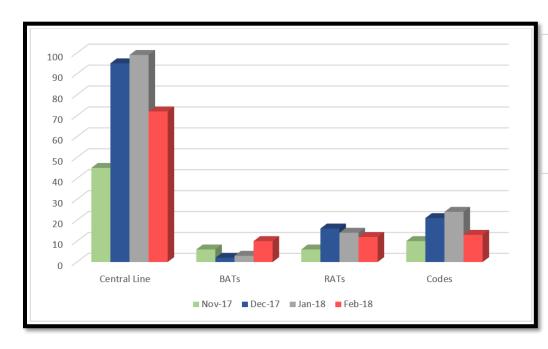
### A Note from the PGY1 Anesthesia Resident Program Director

The Anesthesia Residency Program at OU has had an affiliation with Baptist hospital for many years. Each year, twelve newly-minted doctors spend the first year of their 4-year program at Baptist learning from 14 volunteer faculty. Rotations range from Newborn Care to Emergency Medicine to Internal Medicine Subspecialties. They also return to OU for 3 months for anesthesia-related rotations. They receive training in intubations, central line placement, acute sepsis management, acute stroke management, and the care of critically ill patients requiring advanced cardiac therapies (LVAD) and ECMO. The residents' duties have changed over the years--they have always responded to



emergencies day and night--now called RATs, BATs, and code blues. For many years, they also acted as admitting doctors for "unassigned patients" but now spend most of their time overnight placing central lines. They save countless lives each year by being the first responders to potentially lethal situations, being the eyes and hands of attending physicians.

The faculty serve a vital role in the education of these young doctors, showing the new residents that not all diagnoses are made with new technology. They serve as a link to the past, when talking to a patient and forming a differential diagnosis were such a vital part of the patient's care. In return, the attendings get to see medicine through the eyes of a young doctor, helping them remember why they went into medicine in the first place.



Presented in the chart are the number of central lines, BATs, RATs, and code blues the residents have responded to between November 2017 and February 2018.







Cody Belkoff, Mal



Mallory Blakeslee, D.O.



Brittany Carver, D.O.



Dora Cherian, D.O.



Cole Hodges, D.O.



Ross Owens, D.O.



Tyler Stephens, D.O.



Weldon Tanner, D.O.



Carolina Wales,



John Cloud, D.O.



Koby Hunter, D.O.



Brandi Hyatt, D.O.



Varun Iyer, D.O.



James Lunsford, D.O.



Foy Mann,



Denny Thomas, D.O.



Megan Wilson, D.O.



Brody Baker, D.O.



Justin Davis,



Clair Eppersom, D.O.



Myles Fisher, D.O.



Levi Garrison, D.O.



Helen Harris, D.O.



Melissa Harris, D.O.



Kale Melton, D.O.



Allison Moore, D.O.



Jesse Arthur, D.O.



Travis Buckner, D.O.



Brandon Geosling, D.O.



Ruby Hoang, D.O.



Hans Olaveson, D.O.



Brittany Owensby, D.O.



Misty Nguyen, D.O.

# About the Program

The Emergency Department at INTEGRIS Southwest Medical Center, the busiest Emergency Department in Oklahoma City, provides care for 5,000 patients per month.

As an unopposed residency we perform most, if not all, procedures and run all codes in the hospital. Along with the endless opportunity to perform procedures, we are second to none in our academic endeavors. Annually, we place several residents in the top ten percent on the in-service exam.

Follow us on Twitter to see some of the great opportunities we offer our residents. @INTEGRIS\_EM\_RES

Chelsey Gilbertson, DO Administrative Medical Director and DIO / Ultrasound Director

Kristopher Hart, DO Program Director

Keri Smith, DO Associate Program Director / Simulation Director

Martin McBee, DO Medical Director

David Hogan, DO Education Director

Kelly Painter, MD Curriculum Director

Jeff Shipman, DO Procedural Competency Director

Stacia Shipman, DO Research Director

Eric Metheny, DO Director of Quality Improvement

Heidi Metheny, DO

EM Clerkship Director

**Jeff Golightly, MD**Director of Quality
Review

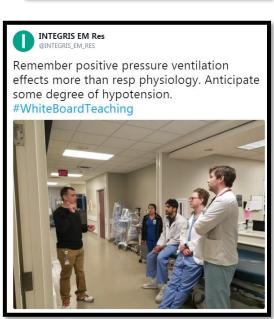
Tara Tackett Emergency Medicine Residency Manager The INTEGRIS Health Emergency Medicine Residency Program is based out of INTEGRIS Southwest Medical Center. We are a four-year ACGME accredited program that is currently home to thirty-three residents and eleven faculty members. Our program is led by Kristopher Hart, DO (Program Director) and Keri Smith, DO (Associate Program Director). During residency our young physicians receive specialized training in emergency

medicine, disaster medicine, and emergency medicine administration.

Our program recently filled six positions in the NMS Match, and one position in the NRMP Match. We are very excited about our new interns that will begin on 01 July 2018. As the 2017-2018 academic year comes to an end, we will be graduating nine highly talented physicians. While we are sad to see them leave, we are excited for each of them to begin their flourishing careers in emergency medicine. We are looking forward to the 2018-2019 academic year and our new endeavors into resident/physician wellness, quality improvement, and faculty scholarly activity.









# ABOUT THE PROGRAM

The Hand Surgery
Fellowship Program at
INTEGRIS Health is a oneyear ACGME accredited
program approved for two
fellows. The program
provides a wide variety of
hand pathologies which is a
true strength of the program.

**Program Director:** Ghazi M. Rayan, M.D.

Medical Education Specialist: Miranda Dutt

# 2017-2018 Fellows

Adam Walchak, MD:

Medical School: Drexel

University of Medicine in

Philadelphia

General Surgery Residency:

At Temple University

Hospital in Philadelphia



Tiffany Wu, MD:

Medical School: Washington

University in St. Louis

Orthopedic Residency: University

Of Pittsburgh Medical Center





# Faculty:

# **Program Director:**

Ghazi M. Rayan, MD

# **Core Faculty:**

Richard Ruffin, MD
Thomas Lehman, MD
Munawar Ali, MD
Margaret Porembski,
MD

### **Adjunct Faculty:**

Yuri Lansinger, MD Greg Halko, MD James Lowe, MD

For more information visit:
https://integrisok.com/car
eers/careerdevelopment/continuinggraduate-medicaleducation/hand-surgeryfellowship-program

# Oklahoma Hand Fellowship Program

The Oklahoma Hand Fellowship Program was established at INTEGRIS Baptist Medical Center (IBMC) in 1992. It is the first and only Hand Fellowship Program in the state of Oklahoma and fully accredited by the ACGME. The Program Director, the staff, supporting faculty and the sponsoring institution (INTEGRIS Health), are fully committed to ensure excellence in patient care, education and research.

Patient care nonoperative and surgical is offered at the local, regional and national levels for patients from the state of Oklahoma and neighboring states. Treatment of hand and upper extremity injuries and diseases include: congenital, peripheral nerve and brachial plexus injuries, tendon injuries, fractures, dislocations and tumors. Hand Fellows are fully trained orthopedic, plastic or general surgeons who spend a year to refine their skills in microsurgery, hand, and upper extremity surgery.

Basic science and clinic research are being conducted continuously by the Program Director and faculty. As a result of these investigations, nearly 200 scientific articles were published in peer review journals, more than 30 book chapters were published, and 7 books were edited on topics related to Microsurgery, Hand and Upper Extremity Surgery.

Ghazi M. Rayan, MD







# What is wellness?

Increasing rates of suicides, depression and burnout and decreasing personal and professional satisfaction among physicians emphasize the importance of creating a wellness culture within graduate medical education (GME) programs. In fact, the increasing number of residents and fellows who describe experiencing burnout highlights a growing crisis within the medical workforce. Physician burnout is a long-term stress reaction characterized by depersonalization, including cynical or negative attitudes toward patients, emotional exhaustion, a feeling of decreased personal achievement and a lack of empathy for patients. Conversely, wellness consists of multi-dimensional aspects that in combination lead to optimal levels of health and emotional and social functioning. A concerted effort to increase wellness and resilience during medical training will produce physicians who are less stressed and better able to engage with their patients and provide higher quality care.

"The most important patient we have to take care of is the one in the mirror." - Robert Wah, MD

For more information visit: <a href="https://www.stepsforward.org/modules/">https://www.stepsforward.org/modules/</a>
<a href="psychology: physician-wellness">physician-wellness</a>



ER residents enjoying wellness week.



Residents enjoying a yoga

class.

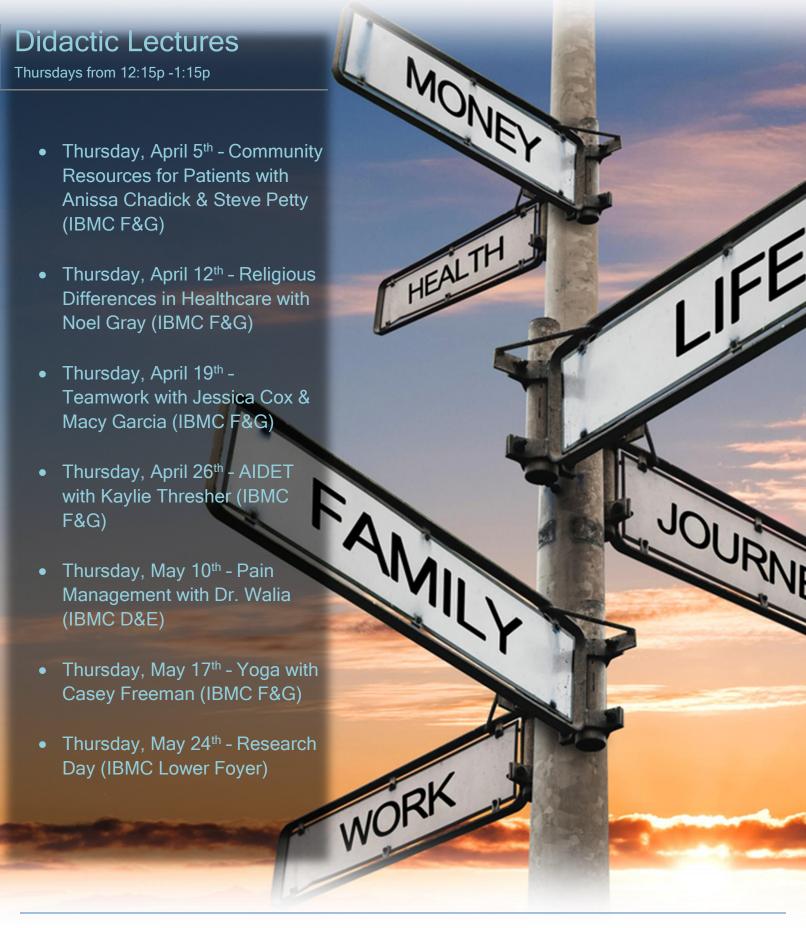


Dr. Carter relaxing during Physician

Appreciation Day.

Radiology residents and family enjoy an evening at TopGolf.





### RESEARCH DAY

ACGME requires the presentation or publication of scholarly activity during residency. INTEGRIS Health hosts an Annual Research Day to provide residents the opportunity to share their projects with the Institution and meet that requirement. Please join the residents and fellows on May 24<sup>th</sup> from 11:00am - 1:00pm at IBMC in the lower foyer.