

## Concerned you're infected with COVID-19?

We are here to help you decide what to do next.

### MILD & MODERATE SYMPTOMS



Fever



Cough



Muscle  
Aches



Shortness Of  
Breath

### DON'T VISIT AN EMERGENCY ROOM

#### AT HOME CARE

Most people won't need to visit a doctor or go to the ER. Staying home & letting the illness run its course is what most people will need to do.

#### CALL FOR ADVICE

Call your doctor or use a telehealth service like Video Visit or Virtual Visit.

### SEVERE SYMPTOMS



Persistent Pain  
Or Pressure In  
The Chest



Bluish Lips  
Or Face



New Confusion  
Or Inability  
To Arouse

### GET CARE RIGHT AWAY

#### CALL 911

If you or a family member need urgent care.

#### EMERGENCY ROOM

Visit an emergency room right away.