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PTE 4853: Classroom Management and Instruction  
Stroke Lesson Plan  
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Title: The Big Stroke Mystery!

Concept: How does F.A.S.T. apply to your life?

Objectives: The students will know the meaning of the acronym F.A.S.T.  
The students will apply the F.A.S.T. steps into their lives.  
The students will understand the importance of acting FAST.

Materials: *Stroke Heroes Act Fast* video  
Computer, projector, screen, speakers  
PowerPoint presentation

PASS Skills: Health/Safety Education Grades 1-4

Standard 1: The student will comprehend concepts related to health promotion, disease prevention, and safety practices.

7. Identify ways that injuries may be prevented.

Standard 3: The student will know health-enhancing behaviors and how to reduce health risks.

Standard 5: The student will demonstrate the ability to use interpersonal communication skills to enhance health and well-being.

1. Interpret various kinds of verbal and nonverbal communication.

Open - Engage: Ask the students if they know what a stroke actually is and how it occurs in the body. Then, ask the students if they know anyone who has experienced a stroke.

Explore: Present the PowerPoint presentation to the students explaining what a stroke is and the different facts about a stroke, including:

There is one stroke every 45 seconds in the U.S.

Stroke causes brain cells to die at the rate of 2 million cells per minute.

Develop: Have the students watch the *Stroke Heroes Act Fast* video as they fill out the worksheet.

Apply: Discuss the video with the class and impact it had on them. Discuss the importance of acting F.A.S.T. Apply the acronym F.A.S.T. to the students' lives.

Assessment: Have the students turn in the worksheet over the F.A.S.T. video.

# The Big Stroke Mystery (FAST)

As you watch the video use your detective skills to identify the warning signs for a stroke. After your done put all the clues together to find the acronym.

**S:**

What tells the granddaughter that her grandmother might be having a stroke?

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S stands for \_\_\_\_\_.

**F:**

How do the coworkers know their friend might be having a stroke?

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F Stands For \_\_\_\_\_.

**A:**

The Couple notices that the wife's \_\_\_\_\_ is numb. This means the wife might be having a \_\_\_\_\_.

A stands for \_\_\_\_\_.

**T:**

If you notice any of these signs you should act \_\_\_\_\_

T stands for \_\_\_\_\_.

What does that spell? \_ \_ \_ \_ CASE SOLVED

Good Work Detectives!

