

Stroke Lesson Plan

Objective: The students will be able to identify individuals suffering from a stroke using the FAST method.

Grade: Second Grade

Materials:

- Note cards (4 per child)
- Crayons
- Pencils

Anticipatory Set: Students will have talked about who to call if they think they see a person who needs medical help.

Procedures:

- Discuss with students what a stroke is and how to recognize signs of stroke.
- Teach the acronym FAST and the meaning of each letter. Explain ways to help people if they see the signs in real life.
- Tell students they will be creating flash cards to help them remember FAST and what it means.
- Pass out materials to the students.
- Have students illustrate on one side of the card the action that is taking place for each letter. For example, F is for Face so students might draw a picture of a face.
- On the other side of the card have students write what they are specifically looking for with each letter of the acronym. For example, for F they would say ask the person to smile, does one side of the face droop?

Closure: Share the illustrations on the flash cards with the students. Have students explain how the pictures connect with the actions on the back of the card.

Assessment: Observation while students are making flash cards. Check flash cards for completion and accuracy.

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