

Stroke Lesson Plan-3rd Grade

Oklahoma Fights Back Against Stroke!

Materials:

- Recording of “You Are my Sunshine” without the words

Instruction:

- Sing song to the tune of “You Are my Sunshine”
 - “Can you smile at me, smile big
Now close your eyes, and lift your arms
Repeat this sentence, so that I know...
That you are not having a stroke and need a Coke.
- If they don't do this, then you go do this
Call 9-1-1 at any sign of a stroke.
- Have children do motions along with words
 - Point to face and smile
 - Close eyes and raise arms
 - Pretend to whisper to a friend
 - Drink a Coke
 - Call 9-1-1 (hand to ear)

Assessment:

- Observe and listen if children can sing the song and do motions correctly.