

Stroke Lesson Plan-4th Grade

Ojective:

- Students will be able to identify the signs of a stroke victim.

Procedure

- Talk to students about what a stroke is and how a stroke affects them.
- Tell students that someone has a stroke every 45 seconds in the U.S.
- As a class, time how long 45 seconds is so that students will understand.
- Introduce the FAST quick test.
- Explain to students the signs of a stroke.
 - F-face; does one side of the face droop?
 - A-arm; can they raise their arms?
 - S-speech; can they talk to you clearly?
 - T-time; call 911 before time runs out!
- Students will chant to help them remember FAST.
 - FAST, FAST
 - Face
 - Arm
 - Speech
 - Time
 - Check these signs FAST
 - (Repeat 2 times, and get faster and faster!)

Assessment:

- Put students in groups of three or four and have them do the chant.
- Also, send a paper home to be signed when the student does the chant for parents/guardians.