

Lesson Plan-FAST Stroke Awareness
Unit-Accident Help
Date-06 March 2009

Overview/Title

-This lesson is geared toward 5th grade, 10- and 11-year-olds. They will learn to identify signs of a stroke, the procedures to follow, and the steps to seek emergency help.

Objectives/Materials

- Teach the students the FAST acronym
 - Use PPT to display examples of each
- Teach students whom to contact in case of a stroke. Provide the students with a creative handout with appropriate information

Activity

- Have students do a role-playing exercise that will have them demonstrate the steps to take in case a stroke occurs
- The students will create a handout they will take to their parents to sign

Student Assessment

- Students will know how to react in case a stroke occurs
- The teacher will review FAST and have the students repeat key points and be informally assessed through oral questioning

Materials

- State Department Health Stroke education materials, class art supplies

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