

FAST Lesson Plan

By:

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Objective:

Students will be able to identify the signs of a stroke.

Lesson Plan:

Sing the following lyrics to the tune of Nat King Cole's "L-O-V-E" (Take liberties with the exact melody to fit the words.).

F is for facial paralysis

A is for arm weakness

S is very very speech difficulty, and

T is time to act fast

To teach 9th-grade students about FAST, we will teach them this song. Songs are entertaining and easy to remember, especially for this age group. If they can remember this song, they can identify signs of a stroke and act FAST.

The students will divide into groups of five and perform the song however they wish.

Link to original song: <http://www.youtube.com/watch?v=JErVP6xLZwg>