

Oklahoma Fights Back Against Stroke

Grade Level: Pre-K/Kindergarten

Objective: Children will be able to identify signs of a stroke.

Focus Activity:

Read *My Grandpa Had a Stroke* by Dori Hillestad Butler

Available through Amazon.com

Instruction:

Sing to the tune of “Head, Shoulders, Knees and Toes”

1) *Face, arms, speech, and time* (Touch your face, arms/hug yourself, mouth, and wrist/watch)

Speech and time

2) *Face, arms, speech, and time* (Touch your face, arms/hug yourself, mouth, and wrist/watch)

Speech and time

3) *Does their face droop low or their speech sound strange?*

These are all signs of stroke

Call 9-1-1 noooooow! (Represent numbers with fingers, and point firmly when singing *noooooow!*)

4) *Face, arms, speech, and time*

Speech and time!

Closure:

Let the girls sing the song once, then let the boys sing once. Sing altogether.

Assessment:

Teacher observation of children’s ability to sing the song with hand motions.

By University of Central Oklahoma Early Childhood Education majors

Tina Stegall, Alexis Berckmann, Lori Tomasko, Amanda Avery, Abby Brown