

Stroke - Kindergarten

Objective: Students will demonstrate understanding of stroke symptoms and ways to respond quickly.

Materials: prop phone, lab jacket

Procedure:

1. Ask students what they know about strokes. Discuss warning signs of stroke and demonstrate what each looks like.
2. Introduce and model FAST.
3. Put actions to FAST
 - a. Face-touch face,
 - b. Arms-hug yourself,
 - c. Speech-point to your mouth,
 - d. Time-hold your hand up to your ear as if you are talking on a phone calling 911
4. Allow children to practice saying the words and doing the actions.
5. Have children take turns role playing a stroke victim and responding to a stroke victim using FAST including calling 911 on the prop phone.

Closure: Teacher should role play a doctor and inform students that the stroke victim is going to be okay because they responded quickly using FAST. (This is where the lab jacket is needed.)

Assessment: Observe to verify that students understand aspects of FAST, and how to apply the information.