

## Breastfeeding Support and Supplies Guidelines

The Affordable Care Act (ACA) expanded preventive coverage for women's health to include: Comprehensive lactation support and counseling, by a trained provider during the pregnancy and/or in the postpartum period, and costs for renting breastfeeding equipment.

INTEGRIS Health has developed the following guidelines to provide this benefit for women covered by the INTEGRIS Health Medical Plan.

### Eligible Expenses

**Lactation Consultation and Education:**

Will be reimbursed at 100% when the claim is submitted to Webtpa.

**Breast Pump Rental:**

The monthly rental cost will be reimbursed at 100% by the Plan. If you choose to rent, please follow these guidelines:

- Obtain the rental unit and pay the rental fee each month (**Do not use your FSA debit card\***)
- Submit receipts to Webtpa for reimbursement each month (you must have a Prenatal claim in order to be eligible for the benefit)

**Breastfeeding Supplies Reimbursement:**

The reimbursement program will reimburse your breastfeeding related expenses up to \$200 per pregnancy. This option is intended to allow your purchase of items such as a hygiene kit (for rental units or personal use), breast pump, breast pads, breast pump parts, etc.

### Guidelines

1. Have a prenatal claim
2. Purchase of items must be after first prenatal claim and before the child is 6 months of age.  
**(Do not use your FSA debit card\*)**
3. Provide certificate of completion from a breastfeeding class or lactation consultation.



Claims should be submitted to Webtpa. All claims should include the following documentation:

1. Itemized Receipts
2. Documentation of breastfeeding education (certificate or signed affidavit)

Medical claim form can be found on HRanytime under HR Forms.

**\*Expenses are not eligible for reimbursement under the Healthcare Flexible Spending Account because they will be reimbursed 100% by the Medical Plan.**