



Visit the Milk Bar Lactation Support Group

INTEGRIS WOMEN'S SERVICES

A safe place for Moms to come together and share their breastfeeding experiences and knowledge or seek advice. It's a great place to make new friends, weigh your baby and get support from our lactation consultant and other new Moms. Expectant parents are also encouraged to attend in preparation for your newborn.

The Milk Bar is free, and registration is not required. A baby scale is available for mothers to weigh baby. Siblings are welcome.

I N T E G R I S

With convenient locations in the metro, INTEGRIS is the trusted name – helping Moms raise healthy babies.

INTEGRIS Baptist Medical Center

3366 NW Expressway, Oklahoma City
INTEGRIS James L. Hall Jr. Center for Mind,
Body and Spirit Library, Bldg. D, first floor
Thursdays, 12:30 – 3:30 p.m.

INTEGRIS Canadian Valley Hospital

1205 Health Center Parkway, Yukon
Suite 101, Medical Office Bldg.
Tuesdays, 12:30 – 3:30 p.m.

INTEGRIS Health Edmond

4801 INTEGRIS Parkway, Edmond
Second floor Women's Lounge
Wednesdays, 12:30 – 3:30 p.m.

INTEGRIS Southwest Medical Center

4401 S. Western, Oklahoma City
Second floor Conference Room
Mondays, 1 – 3 p.m.

Lakeside Women's Hospital

11200 N. Portland Avenue, Oklahoma City
First floor Conference Room
Fridays, 12:30 – 3:30 p.m.

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